

All Styles

Form/Routine Competition

Rules and Regulations

Version 1.0

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All Styles Form/Routine Competition Rules

1. Categories

- 1.1 Competition is open to all martial arts styles.
- 1.2 Child age categories include ages from 5 years up to 14 years.
- 1.3 There are two separate categories:
 - Solo performance bare handed
 - Solo performance with weapon

2. Performance Space

- 2.1 Size of competition space is 5m x 5m.
- 2.2 Surface may be hard or soft at competitor's discretion.
- 2.3 Music is permitted.

3. Performance Rules

- 3.1 Time limit from start to finish of the routine is one (1) minute.

4. Scoring

- 4.1 Performance is assessed under the following two criteria:
 - Attitude – contextual elements including spirit & presentation
 - Ability – content elements including technique and control.
- 4.2 Each criterion is given a mark from 1 to 5 (no half marks), and the two marks are summed to give a total mark out of 10.
- 4.3 There are no score penalties for time violations.

5. Judging

- 5.1 Judging is by a panel of five (5) judges.
- 5.2 In the case of a tie, initially judges will confer to decide on a winner. If the judges cannot determine a clear winner, the relevant competitors will be invited to a tie-break performance. Judges will decide on a clear winner.